

Elizabeth qualified as an accountant at the University of Cape Town, South Africa, in 1976. She then embarked on a highly successful career in the corporate world, becoming Financial Director of Gilbey Distillers and Vintners in 1984 – a position she held for over ten years.

Through her experience of working with a wide cross section of people in her career, Elizabeth began to realize that her talents and fate did not lie in the corporate world, but in helping people to help themselves. Consequently, in 1991, she started training as a teacher of the humanitarian disciplines, under the guidance of Christopher Nevill.

In 1995, Elizabeth resigned from Gilbeys, and since the beginning of 1996 her commitment to teaching became full time. In November of 1995 she started training under the guidance of Théun Mares, Light-bringer of the Toltec Tradition. Since this time, Elizabeth has continued to work very closely with Théun to bring the courses offered by the Institute to Humanity.

Free introductory talks are given on a regular basis.

### **WE BELIEVE**

That every man and woman should have the freedom to follow a path with a heart. To this end we will support you.

If you say you can't,
we'll show you that you can.
If you believe it not possible,
we'll show you from experience
that it is possible.

### WE BELIEVE...

That all men and women are equal even amidst our differences.

For the life-force bestowed upon king is the same as that bestowed upon beggar.

Should you feel unworthy of life, we will affirm your beauty and strength.
Should you feel you have nothing to offer, we will show you the riches in your heart.

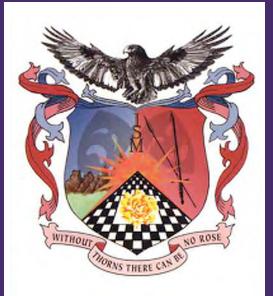
### WE BELIEVE...

In the importance of the individual unit to the well-being of the greater whole.

In this we will uphold you.

If you fear the distance
you have yet to travel,
we'll show you the long way
you have already come.
If you feel the burden of loneliness,
we'll show you the joy in taking hands,
heart and courage.

## INSTITUTE FOR THE STUDY OF MAN



We all have the right to uplift ourselves
— in doing so we benefit not only ourselves, but also everyone around us.

# THE WORLD OF LITTLE PEOPLE

**GREECE** 

**AUTUMN**, 2012



# THE WORLD OF LITTLE PEOPLE with ELizabeth Schnugh

## The Challenges of Being Someone's Child and Being a Parent

Nowhere in our academic schooling are we taught

- ♦ what it means to be a child,
- ♦ what it means to be a parent,
- ♦ what the purpose of having parents is,
- ♦ how we are bonded to our parents, our children, and our spouse or ex-spouses for life!
  This course is for anyone who has ever been a child!
- ◆ Do you want to start understanding the full impact of your childhood?
- ◆ Do you want to move forward from your childhood patterns and get on with your life now—instead of constantly being tripped up by the re-actions you invented to survive as a child?
- ◆ Do you want to ensure you do not repeat the patterns of behaviour of your parents and their parents before them?
- ◆ Do you want to ensure you do not pass on your shortcomings to your children?

Every child has an openness of mind, and a stark frankness of honesty that is not only endearing, but also utterly revitalising and motivating. Yet being so stuck in what are quite often the petty problems of the adult world, we rarely, if ever, come in touch with the child's sense of fun, spontaneous humour, and natural love for all life. In this course we learn how to appreciate and enjoy the wondrous gifts children bring us. You are guided towards rediscovering the forgotten child which lurks within us all, and through this enable you to see the world once again from the child's perspective.

"Let us take you back to where you started off in life before your "software" became corruptedway back when you were still PURE, Life Coming Into Manifestation. Let us go back to before you became stuck in reenacting your folly and reinstall the ORIGINAL "software" and thus REGENERATE the Life you are, and were always MEANT to be - that is, your unrealised potential!" ~Théun Mares

You may come to this course as a parent, as a wannabe parent, as an adult—whatever the reason, you will each be guided back to your own childhood. You will learn how you are running your life based on a decision made about yourself before the age of 7. Most of us are still children, as our perception of ourselves and our belief in ourselves stalled right at that time when WE decided that we are not Okay, not good enough, in some way! We need to come to grips with the child within before we can come to grips with the concept of our true Selves - which is what Relationships II is all about. To do so, we need to head back and re-experience our childhood - and then change the way we see our-Selves.

We will look in depth as to why we got the father and mother we did in this lifetime - or at least look at the possibility that we MAY have chosen our parents - before we look at why OUR children got us - or will get us.

On this course we show you:

- ♦ what a child actually is
- ♦ how we made a decision about ourselves back before the age of 7 that permeates every aspect of our lives
- how to tackle the ongoing challenges presented as we play out our belief that we are unlovable without realising that we are doing it
- ♦ how we pass on behaviour through the generations
- ◆ the stages in a child's development, and the role of both parents, from before birth through adolescence
- how to relate to our children successfully, how to avoid pitfalls, and how to correct mistakes of the past
- ♦ why we chose our parents; and why our children choose us
- ♦ how to change the way we see our-Selves.

### We will, at all times...

support you in an environment that is safe and secure to bring about the changes you desire; whilst remembering that you alone determine the results that you achieve.

#### **Course Content**

The course includes discussions, individual work, group interaction and a variety of games. Everything is designed to show you how you behave in your life so that you can decide whether or not you like it. Then if you don't, we will give you the tools with which to change it.

### **Post Course Support**

Because of the habits of a lifetime, this course is the beginning and not the end of a process. With that in mind, there are a variety of other courses, after-course meetings, further learning opportunities and activities on an on-going basis. Whether or not you want to take part will depend on where you want to take your life.

Give yourself and those you care about a most precious gift! The World of Little People Autumn, 2012 Greece

#### **Course Times**

**Friday** 

the course.

9:00 am to 7:30 pm

Saturday
9:00 am to 7:30 pm

Sunday
9:00 am to 7:30 pm

Evening times may vary.

Group get-together on Sunday evening. This is part of



Course Tuition: €380

### FOR MORE INFORMATION

Naya Kontoleon, Registrar Phone: +30 698 5551888

E-mail: naya@institute-for-the-study-of-man.com